



Scripture Collections

For
Living
The Word

God's Joy

Acts 16:25

Meditation Playlist:	24 minutes
Upbeat Playlist:	21 minutes
Contemporary Playlist:	26 minutes

JOY during Hard Times

Eyes on Jesus

P L A Y L I S T S

Meditation

Morning Glow, Summer Fields

Upbeat

Home Sweet Home

Contemporary

Hold You Tight

The crowd joined in the attack against Paul and Silas, and the magistrates ordered them to be stripped and beaten with rods. After they had been severely flogged, they were thrown into prison, and the jailer was commanded to guard them carefully. When he received these orders, he put them in the inner cell and fastened their feet in the stocks.

About midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening to them. - Acts 16:22-25

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. - Phil. 4:6-7

And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God. Consider him who endured such opposition from sinners, so that you will not grow weary and lose heart. - Heb. 12:1-3

Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, because you know that the testing of your faith produces perseverance. Let perseverance finish its work so that you may be mature and complete, not lacking anything. - James 1:2-4

Since, then, you have been raised with Christ, set your hearts on things above, where Christ is, seated at the right hand of God. Set your minds on things above, not on earthly things. For you died, and your life is now hidden with Christ in God. - Col. 3:1-3

But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. - Matt. 6:33-34

I lift up my eyes to the mountains— where does my help come from?
My help comes from the Lord, the Maker of heaven and earth. - Ps. 121:1-2

You became imitators of us and of the Lord, for you welcomed the message in the midst of severe suffering with the joy given by the Holy Spirit. - 1 Thess. 1:6

JOY during Happiness *Thankfulness*

PLAYLISTS

Meditation

Angelic Evening

Upbeat

Wrong Side of the Mountain

Contemporary

Counting My Blessings

Enter his gates with thanksgiving and his courts with praise;
give thanks to him and praise his name. - Ps. 100:4

Let them give thanks to the Lord for his unfailing love and his wonderful deeds for
mankind, for he satisfies the thirsty and fills the hungry with good things. - Ps. 107:8-9

Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs
of praise. - James 5:13

Rejoice in the Lord and be glad, you righteous;
sing, all you who are upright in heart! - Ps. 32:11

Take delight in the Lord, and he will give you the desires of your heart. - Ps. 37:4

For you make me glad by your deeds, Lord;
I sing for joy at what your hands have done. - Ps. 92:4

Blessed is the people of whom this is true;
blessed is the people whose God is the Lord. - Ps. 144:15

You will go out in joy and be led forth in peace;
the mountains and hills will burst into song before you,
and all the trees of the field will clap their hands. - Is. 55:12

If you keep my commands, you will remain in my love, just as I have kept my Father's
commands and remain in his love. I have told you this so that my joy may be in you and
that your joy may be complete. - John 15:10-11

The precepts of the Lord are right,
giving joy to the heart.
The commands of the Lord are radiant,
giving light to the eyes. - Ps. 19:8

We demolish arguments and every pretension that sets itself up against the knowledge
of God, and we take captive every thought to make it obedient to Christ. - 2 Cor. 10:5

JOY during Sadness

Letting His presence shine through

P L A Y L I S T S

Meditation

The Sea on Every Side

Upbeat

Free

Contemporary

Make It Well

Now is your time of grief, but I will see you again and you will rejoice, and no one will take away your joy. - John 16:22

The Lord is my shepherd, I lack nothing.

He makes me lie down in green pastures, he leads me beside quiet waters,
he refreshes my soul. He guides me along the right paths for his name's sake.

Even though I walk through the darkest valley, I will fear no evil, for you are with me;
your rod and your staff, they comfort me.

You prepare a table before me in the presence of my enemies.

You anoint my head with oil; my cup overflows.

Surely your goodness and love will follow me all the days of my life,
and I will dwell in the house of the Lord forever. - Ps. 23:1-6

Where can I go from your Spirit? Where can I flee from your presence?

If I go up to the heavens, you are there; if I make my bed in the depths, you are there.

If I rise on the wings of the dawn, if I settle on the far side of the sea,
even there your hand will guide me, your right hand will hold me fast. - Psalm 139:7-10

He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away. - Rev. 21:4

Because of the Lord's great love we are not consumed, for his compassions never fail.
They are new every morning; great is your faithfulness.

I say to myself, "The Lord is my portion; therefore I will wait for him."

The Lord is good to those whose hope is in him, to the one who seeks him;
it is good to wait quietly for the salvation of the Lord. - Lam. 3:22-26

The Lord is close to the brokenhearted and saves those who are crushed in spirit.
- Ps. 34:18

"Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." - Matt. 11:28-30

You will keep in perfect peace those whose minds are steadfast,
because they trust in you. - Is. 26:3

Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.
- Ps. 51:12

JOY during Anger

Pause, pray, be grateful

PLAYLISTS

Meditation

Hope

Upbeat

Tranquility Energies

Contemporary

Battle Belongs

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord. - Rom. 8:38-39

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry, because human anger does not produce the righteousness that God desires. - James 1:19-20

A gentle answer turns away wrath, but a harsh word stirs up anger. - Prov. 15:1

...be patient with everyone. Make sure that nobody pays back wrong for wrong, but always strive to do what is good for each other and for everyone else. Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. - 1 Thess. 5:14-18

In your anger do not sin: Do not let the sun go down while you are still angry, and do not give the devil a foothold. - Eph. 4:26-27

But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control. Against such things there is no law. - Gal. 5:22-23

Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you. - Eph. 4:31-32

Be still before the Lord and wait patiently for him;
do not fret when people succeed in their ways, when they carry out their wicked schemes.
Refrain from anger and turn from wrath; do not fret—it leads only to evil. - Ps. 37:7-8

Let the peace of Christ rule in your hearts, since as members of one body you were called to peace. And be thankful. Let the message of Christ dwell among you richly as you teach and admonish one another with all wisdom through psalms, hymns, and songs from the Spirit, singing to God with gratitude in your hearts. - Col. 3:15-16

A quick-tempered person does foolish things, and the one who devises evil schemes is hated. Whoever is patient has great understanding, but one who is quick-tempered displays folly. - Prov. 14:17, 29

JOY during Fear

Focus on His protection

P L A Y L I S T S

Meditation
Star Island

Upbeat
Quiet Voices

Contemporary
Fear Is a Liar

So do not fear, for I am with you; do not be dismayed, for I am your God.
I will strengthen you and help you; I will uphold you with my righteous right hand.
- Is. 41:10

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid. - John 14:27

When I said, “My foot is slipping,” your unfailing love, Lord, supported me.
When anxiety was great within me, your consolation brought me joy. - Psalm 94:18-19

“Do not fear, for I have redeemed you; I have summoned you by name; you are mine.
When you pass through the waters, I will be with you;
and when you pass through the rivers, they will not sweep over you.
When you walk through the fire, you will not be burned;
the flames will not set you ablaze. - Is. 43:1-2

And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.
Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things. - Phil.4:7-8

When I am afraid, I put my trust in you. - Ps. 56:3

The Lord himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged. - Deut. 31:8

The LORD is my light and my salvation; whom shall I fear? The LORD is the stronghold of my life; of whom shall I be afraid? - Psa. 27:1

Even though I walk through the valley of the shadow of death,
I will fear no evil, for you are with me your rod and your staff, they comfort me. - Psa. 23:4

I sought the Lord, and he answered me and delivered me from all my fears. - Psa. 34:4

JOY during Servitude *Fed*

P L A Y L I S T S

Meditation

Your Love

Upbeat

Cycling by the Sea

Contemporary

Rise Up (Lazarus)

Each of the four living creatures had six wings and was covered with eyes all around, even under its wings. Day and night they never stop saying: “Holy, holy, holy is the Lord God Almighty,’ who was, and is, and is to come.” – Rev. 4:8

Jesus knew that the Father had put all things under his power, and that he had come from God and was returning to God; so he got up from the meal, took off his outer clothing, and wrapped a towel around his waist. After that, he poured water into a basin and began to wash his disciples’ feet, drying them with the towel that was wrapped around him. Now that I, your Lord and Teacher, have washed your feet, you also should wash one another’s feet. I have set you an example that you should do as I have done for you. – John 13:3-5,14-15

Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment. Command them to do good, to be rich in good deeds, and to be generous and willing to share. In this way they will lay up treasure for themselves as a firm foundation for the coming age, so that they may take hold of the life that is truly life. - 1 Tim. 6:17-19

And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him. - Col. 3:17

Serve the Lord with gladness: come before his presence with singing. (KJV) - Psa. 100:2

...whoever wants to become great among you must be your servant, and whoever wants to be first must be slave of all. For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many. - Mark 10:43-45

Whatever you do, work at it with all your heart, as working for the Lord, not for human masters, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving. - Col. 3:23-24

Each of you should use whatever gift you have received to serve others, as faithful stewards of God’s grace in its various forms. - 1 Pet. 4:10

In everything I did, I showed you that by this kind of hard work we must help the weak, remembering the words the Lord Jesus himself said: ‘It is more blessed to give than to receive.’ - Acts 20:35

JOY during Worship

Reverent heart

P L A Y L I S T S

Meditation

Greatness Within

Upbeat

Island in the Sun

Contemporary

How Great Thou Art

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. - Rom 15:13

Blessed are those who have learned to acclaim you,
who walk in the light of your presence, Lord.
They rejoice in your name all day long; they celebrate your righteousness. - Psa. 39:15-16

Let them praise his name with dancing and make music to him with timbrel and harp.
For the Lord takes delight in his people; he crowns the humble with victory.
Let his faithful people rejoice in this honor and sing for joy on their beds. - Psa. 149:3-5

Through Jesus, therefore, let us continually offer to God a sacrifice of praise—the fruit of lips that openly profess his name. - Heb. 13:15

You make known to me the path of life; you will fill me with joy in your presence,
with eternal pleasures at your right hand. - Psa. 16:11

Come, let us sing for joy to the Lord; let us shout aloud to the Rock of our salvation. -
Psa. 95:1

Shout for joy to the Lord, all the earth.
Worship the Lord with gladness; come before him with joyful songs.
Know that the Lord is God.

It is he who made us, and we are his; we are his people, the sheep of his pasture.
Enter his gates with thanksgiving and his courts with praise;
give thanks to him and praise his name.
For the Lord is good and his love endures forever; his faithfulness continues through all generations. - Psa. 100:1-5

With joy you will draw water from the wells of salvation.
In that day you will say:
“Give praise to the Lord, proclaim his name; make known among the nations what he has done, and proclaim that his name is exalted.
Sing to the Lord, for he has done glorious things; let this be known to all the world.
Shout aloud and sing for joy, people of Zion, for great is the Holy One of Israel among you.” - Is. 12:3-6